

PROOF

A PODCAST PROVING THE POWER

OF THE MODERN WOMAN

#sheisproof



with Rachel Cargle



WHAT IS PROOF?

PROOF is a podcast proving the magic of the modern day woman. It is a source for exposing the hidden 'she'roes in our world and a conversation starter about the incredible things that ARE possible by the women and girls of our time.





- WHY DOES PROOF MATTER? -



PROOF acts as a bridge of conversation and motivation between the women and girls who are building on their ambitions and the women and girls who have already made their mark (and are continuing to do so!)

WHAT TYPE OF CONTENT DOES PROOF PUT OUT?

PROOF is a series of meaningful and insightful conversations with noteworthy women in order to gain understanding into their journey towards doing incredible things.

The goal with each interview is to gain a honest and inspiring perspective as well as come away with actionable items other women can do to tap into their own magic.



-WHO IS PROOF FOR?

PROOF is designed to motivate and inspire that curious and ambitious woman aged 19-35 who is seeking proof of what is possible for a woman like her!

PROOF was made with the modern woman in mind who recognizes that her options are more vast than ever before and who is ready to take hold of her destiny.

PROOF is looking to be a spark of inspiration and call to action for these women to pursue their fullest potential!

PROOF

WHO IS THE HOST?



Rachel Cargle is a serial entrepreneur, insatiable traveler, reader, writer, and foodie living in New York City.

She is was quick to recognize the massive impact that having a mentor and supportive ecosystem can do for a girl and she hopes the PROOF podcast will serve as a pioneering platform for building inspiring communities for women and girls everywhere.